

Relax-Relief Baby Massage oil

Complete nourishment for your baby's skin Caring your baby.....!

Body massage plays an important role in the growth and development of baby. The process of massage makes baby's bones strong and develops healthy body. It also helps baby to have a sound sleep and remain active and cheerful. Regular massaging will make your baby's muscles relaxed. They are effective in curing baby problem such as indigestion and constipation.

Massaging your baby with oil encourages in strengthening several parts of the body. It boosts the circulation system of the baby, thus improves the flow of blood. As the blood flows properly in the circulatory system, all organs are provided with sufficient amount of blood and nutrients.

Plant-based oil is an ideal working medium for baby massage. Massage your baby with Relax-Relief baby massage oil every day followed by warm shower and after bath till your baby becomes a year old or two. This helps in growth and development. Continue using regularly as moisturizer, skin protectant and nourishment. Studies have shown that premature babies make quicker progress when given regular massage.



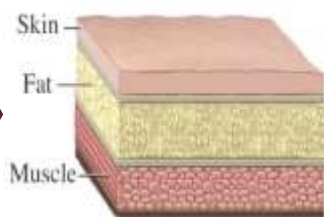
Usage: 0 to 5 years

Method of use: Apply all over body and gently massage bath in lukewarm water after 15-20 minutes. Apply as moisturizer after the bath

Ingredients (each 5ml contains)

Jaitun (<i>Olea europaea</i>)	0.8mg
Narikela (<i>Cocos nucifera</i>)	0.5mg
Sandhi (<i>Simmondsia chinensis</i>)	0.15mg
Godhuma (<i>Triticum sativum</i>)	0.15mg
Dharu (<i>Lavandula angustifolia</i>)	0.05mg

Relax-Relief Baby Massage oil: Possible mechanism of action



- Relax-Relief baby massage oil penetrates into skin, works on the soft tissues (the muscles, tendons, and ligaments) to improve muscle tone
- Stimulates blood circulation and assist the lymphatic system
- Better absorbency and penetration offers nourishment (vitamin E and proteins)
- Relax-Relief baby massage oil generates friction which allows penetration of actives into muscles and nervous tissues

Benefits

- The baby oil from GREEN SPACE is gentle on baby's skin.
- The combination of emollient and nutritional rich herbal oil blend of Relax-Relief baby massage oil, complement each other providing the best support to baby's skin, enhancing the lusture and softness.
- It promotes natural growth of muscles and bones on regular application.
- Makes baby active and fresh all the times.
- Prevents allergic conditions and microbial infections on the skin.

Pharmacological Activity of Ingredients

Jaitun (*Olea europaea*): Olive oil is a rich source of mono-unsaturated fats with anti-inflammatory properties. The anti-inflammatory properties of olive oil have been attributed to oleocanthal. The monounsaturated fats play a structural role in the skin, retina, nervous system, lipoproteins, and biologic membranes. They are precursors of important hormones and constitute the vehicle for the absorption of liposoluble vitamins. The antioxidant vitamin E moisturizes, protects and nourishes the skin. The oil is also rich in polyphenols which act as free radical scavengers to help repair cellular damage.

The essential nutrients remove the dead cells from skin. Thus, massaging your baby with olive oil will rejuvenate their skin. It is also useful for growth and development of bones. The applications of this oil help in relaxing their muscles and tissues of body.



Narikela (*Cocos nucifera*): The health benefits of coconut oil include hair care, skin care, stress relief and bone strength, which are attributed to the presence of lauric acid, capric acid and caprylic acid. Coconut oil is very soothing and hence it helps in removing stress. It acts as an effective moisturizer on all types of skin. It contains antibacterial and antiseptic properties which help to prevent skin infections caused to baby's skin.



Sandhi (*Simmondsia chinensis*): Jojoba oil has a structure similar to natural sebum, maintains oil balance and is good for dry skin, does not permit allergic reactions. It is easily absorbed and allows the skin to breathe. It nourishes the skin and moisturizes it at the same time.

In skin care products, it acts primarily as an emollient, softening the skin through robust humectant hydration action. Hydrolyzed Jojoba Esters K-20W (K-20W) have shown to increase skin hydration and improve sensory skin "feel" in cosmetic/personal care formulations



Godhuma (*Triticum sativum*): Wheat germ oil is extremely rich in vitamin E, and is a powerful anti-oxidant. It is also high in vitamins A and D, and contains vitamins B-1, B-2, B-3 and B-6, vitamin F, essential fatty acids, protein and minerals and long-chain waxy alcohols such as octacosanol. It is used for healing dry, damaged skin, relieving and healing eczema, psoriasis and sunburns and treating muscle fatigue from overexertion.

Wheat germ oil can boost the energy supplied to muscles (octacosanol seems to concentrate in the body in muscle tissue, as well as the liver and the digestive tract) by promoting the movement of fatty acids within muscles.

Research indicates that Wheat Germ Oil may be useful in the treatment of skin conditions, such as eczema or psoriasis, burns, skin ulcers, dry skin, herpes, poor circulation, intermittent claudication

Dharu (*Lavandula angustifolia*): The main chemical components of lavender oil are α -pinene, limonene, 1,8-cineole, cis-ocimene, trans-ocimene, 3-octanone, camphor, linalool, linalyl acetate, caryophyllene, terpinen-4-ol and lavendulyl acetate. The oil possesses antioxidant property, acts as antibacterial and helps your baby for a sound sleep. Lavender acts as aromatherapy with a soothing and calming scent.

